

## 2009 Play Rules

Law	Item	U6	U8	U10	U13/14	
1	Field size (yds)	20 x 30	30 x 50	~ 45 x 80	~ 60 x 105	
	Goal size (ft)	Small pop-up's when used	6 x 12	7x21	8x24	
2	Ball size	3	3	4	4	
3	Players on field (total)	4 v 4 – varies with type of activity	5 v 5 * see note 1	8 v 8	11 v 11	
	Keeper	No		Yes		
	Substitutions	Free	Unlimited substitutions are permitted to enter at midfield: prior to a throw-in in your favor; prior to any goal kick; after any goal; end of any period; stoppage due to injury.  When a team is awarded a throw-in in their favor and makes a substitution, the opposing team may also makes a substitution.  If play is stopped for an injured player who is then attended to by a coach, the player must exit the field (except goalkeeper) and may be replaced by a sub  Yellow carded player(s) must be substituted for immediately; if no sub is available, the player(s) must come off field and may return on the team's next permitted substitution			
7	Length of game (mins)	Each activity should be < 15 minutes	4 x 10	4 x 12	2 x 30 (4x15 in hot weather)	
11	Offside enforced	Not applicable.	No	Yes		
13	Indirect replaces direct kicks		Yes	No		
14	Indirect replaces PK's		Yes	No		
15	Kick-in replaces Throw-in		No			
	Head Balls		No	No (Taught Only)	Allowed	
	Slide Tackles		No			Allowed
	Standings	No	Yes			

\* note 1: U8's are allowed to play 6 v 6 (no keeper) if both teams have at least 7 players present & both coaches agree to play 6 v 6.